



Sackville School
TOGETHER WE ACHIEVE



Families Bulletin

Monday 12 January 2026 - Friday 16 January 2026

HEADTEACHER'S MESSAGE

Dear Families

Despite the cold snap in weather, there has been a lovely warm feeling being back this week. I have had the pleasure of leading this week's assemblies and it has been a real joy to see how well our Community system is now embedded. Students from each community demonstrate the high standards and sense of belonging we expect in our assemblies. They listen attentively and are really starting to buy into their collective achievements and opportunities as smaller communities for the good of the wider school and community as well as what it does for them individually. This has been born out of excellent leadership from our Community Leaders and their teams, a more consistent approach to tutoring and a genuine ambition for every student to be known, heard and belong, especially as part of a large school such as ours.

My assembly was entitled 'control the controllables'. A simple message to try and encourage us all to develop strategies and coping mechanisms to spend more of our time and energy on the things we know we can have some control over, rather than focus too much time on things that are out of our control that can lead to a build up of anxiety or worry.

Students came up with some great examples and I left them all with the challenge to try this out as we start a new year. That is of course much easier said than done in some circumstances we know, but it was this pledge to try that is important and that we will look to build on. And of course it helps us adults just as much so I am going to start my 2026 by making the pledge to myself too!

Jo Meloni
Headteacher

I have a few more assemblies still to come so will be handing over the reins of 'Hot Chocolate with the Head' to my senior team over the next few weeks. This week it was the turn of Deputy Head, Paul Street which he was really delighted to do and had a great time with students from the Attenborough Community. You can read his report below.

Week: A

Timetable: 4 + 1

Hot Chocolate With The Deputy Head

It was a pleasure to sit in for Ms Meloni this week and have hot chocolate with the Attenborough community. What a fabulous bunch of young people nominated for their contributions to the school, charity work and resilience. We talked about their ambitions for the new year ahead and resolutions. I am proud of them all.

Mr Paul Street

Deputy Headteacher



Key Dates

Wednesday 14 January 2026

Thursday 15 January 2026

Tuesday 20 January 2026

Thursday 22 January 2026

Wednesday 28 January 2026

Thursday 29 January 2026

Monday 02 February 2026

Thursday 05 February 2026

W/B 09 February 2026

Friday 13 February 2026

Saturday 14 - Sunday 22 February 2026

Monday 16 - Friday 20 February 2026

Friday 20 - Wednesday 25 February 2026

The Science of Learning - Family Workshop

Year 7 Consultation Evening

Federation Music Event

Year 8 Consultation Evening

Flu Vaccination Mop Up Session

Year 9 Options Evening

Year 8 HPV vaccinations

Year 11 Information Evening

School Show Week

INSET DAY

Ski Trip - Andorra

HALF TERM BREAK

Business Studies Trip - San Francisco

Notice board

Pre-loved Prom

On Friday 30 January we are holding our first Pre-loved Prom Sale.

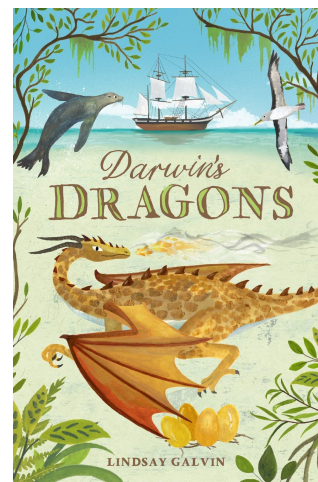
We are looking for students and families who have Prom attire they no longer want and would like us to sell on their behalf. This includes dresses, suits, accessories and other prom related items. We will take a sellers fee which we are donating to the local food bank as they are in need of support.

The event itself will be on Friday 30 January from 3.30pm - 5.30pm (P-Block). Students can browse, try and buy the items. We also plan to have stalls to help with the other sides of Prom planning, such as hair, make up, nails, dress alterations, limousines, spray tans and more. We are hoping this will be a one-stop shop for all your Prom needs! If you are interested in having a stall please contact kdawson@sackvilleschool.org.uk

Book of the Week - Mr Angella

Book of the Week: Darwin's Dragons by Lindsay Galvin

This week's Book of the Week comes from author Lindsay Galvin, who will be joining us this week to work with Year 7. More information about Lindsay can be found [here](#). She is a fantastic young-adult fiction author and copies of her books are available in the library.



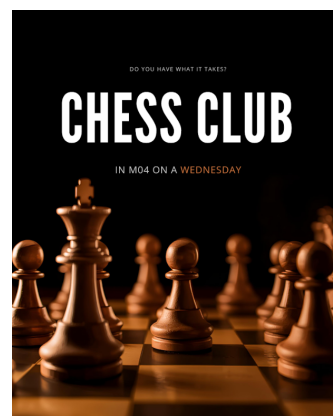
Community Spanish

If one of your New Year's resolutions was to learn a new language, why not come along to our Community Spanish lessons, aimed at Sackville Families? From 6 - 7pm on a Monday evening, a small group of families come together to learn some useful Spanish for travel and holiday purposes and have some fun in a relaxed, no-pressure environment. Priced at just £30 a term, the lessons are designed for beginners and welcome to all. If you would like more information, or would like to come for a taster session, please contact Mr Francis on sfrancis@mysackville.co.uk.

Extra Curricular Activities

Happy New Year. Extra curricular activities start next week, with everything from rugby, to coding, chess and crochet! Don't forget to enrol your child onto the club of their choice on the MCAS app before spaces fill up. Simply click the 'Clubs' tab on the MCAS homepage and book them on for this term. With over 30 clubs a week running there is something for everyone. Every club attended gains two community points and ultimately leads to new connections, new skills and a stronger Sackville Graduation at the end of the year.

New for Spring Term 1 we have chess club in M04 and ecoclub in LO2 both on a Wednesday after school.



Safeguarding

Managing Peer Pressure Safely

Teenagers often face pressure to fit in—whether it's experimenting with substances, sexting, or skipping school. Support your child to build confidence in saying no. Roleplay scenarios and help them think through outcomes. Remind them that real friends respect boundaries.

Please contact your child's tutor, community team or safeguarding@sackvilleschool.org.uk if you have any concerns/questions around your child's safety. You can also contact the following organisations, depending on where you live, to get more advice.

West Sussex -

<https://www.westsussex.gov.uk/education-children-and-families/keeping-children-safe/request-support-or-raise-a-concern-about-a-child/>

East Sussex - <https://www.eastsussex.gov.uk/children-families/report-a-concern-child>

Surrey - <https://www.surreycc.gov.uk/children/contact-childrens-services>

Kent - <https://www.kscmp.org.uk/guidance/worried-about-a-child>

As always, if you are aware or have any worries regarding the safety of our students then contact our safeguarding team. Contact details below:

Safeguarding Leads:

Mr Millican - amillican@sackvilleschool.org.uk

Mr Street - pstreet@sackvilleschool.org.uk

Mrs Steer - asteer@sackvilleschool.org.uk

Mr Vallally-Godfrey -

avallallygodfrey@sackvilleschool.org.uk

Safeguarding Team:

Mr Endersby - jendersby@sackvilleschool.org.uk

Mrs Hunt - shunt@sackvilleschool.org.uk

Ms Porter - mporter@sackvilleschool.org.uk

Mr Cowlin - pcowlin@sackvilleschool.org.uk

Mr Quigley - pquigley@sackvilleschool.org.uk

Mrs Harper - aharper@sackvilleschool.org.uk

Mr Groves - hgroves@sackvilleschool.org.uk

Mrs Valentine -

hvalentine@sackvilleschool.org.uk

Talk to one of your Safeguarding team or email, safeguarding@mysackville.co.uk

Safeguarding at Sackville
PRIORITISING SAFETY & WELLBEING

 Mr Millican Designated Safeguarding Lead Assistant Headteacher	 Mrs Steer Deputy Designated Safeguarding Lead Child Protection Officer	 Mr Street Deputy Designated Safeguarding Lead Deputy Headteacher	 Mr Vallally-Godfrey Online Safeguarding Lead Associate Assistant Headteacher
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 Mr Cowlin Deputy Headteacher	 Mr Quigley Assistant Headteacher	 Ms Meloni Headteacher
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 Mrs Harper Attendance Officer	 Mr Endersby CTL PE	 Mrs Hunt Assistant Headteacher
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 Ms Porter Head of Sixth Form	 Mr Groves Deputy Head Sixth Form	 Mrs Valentine CTL Health and Social
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We are here if...
...you feel down or sad
...something is bothering you
...you are concerned about a friend

Email us confidentially by scanning the QR code below:



If you need to talk to someone about an issue that is worrying you, you can speak to your form tutor, Community Team, or a member of your Safeguarding Team

KEEPING OUR STUDENTS SAFE IS EVERYBODY'S RESPONSIBILITY

Sparx Mathematics



Student	Year Group	SPARX XP Points
Sera Sino	7	1,095
Artem Tytarenko	8	2,602
Jerry Marumure	9	1,370
Daphney Madduma Muthugalage	10	1,433
Rosa Stripp	11	1,109

Congratulations to our top performers for last week in SPARX Maths!

Extra-Curricular Opportunities

The link for next half terms extra-curricular sessions can be found here:

[Extra-Curricular Opportunities Spring Term](#)

The 'live' document shows our sessions, and new clubs may appear throughout the term. These will be communicated through this document and the Families Bulletin. Once in the document please scroll across to the year group relevant to your child.

Mr Ashley Vallally-Godfrey
Associate Assistant Headteacher

Current Vacancies

We have one support staff role available at the moment. If you would be interested in any of the following or know anyone else who may be, please call Katie Dawson, Headteacher's PA for more information, or apply directly following these links:

- [Exam Invigilators](#)

Sackville News

We also publish a half termly newsletter and the latest edition can be seen here: [Sackville Newsletter](#).

Next publication date: **Friday 13 February 2026**

Futures - Find It Out Thursday

Find it out Thursdays

This is a chance for students to explore different professions and learn from those that are in that industry and can give a first hand experience. Different industries are highlighted each week and students have the opportunity to attend one talk per half term. When these terms talks have been confirmed, students will be able to sign up using a Google form that will be sent out. Students can come along and start to investigate career paths open to you and discover the skills that you will be required to develop to join that industry.



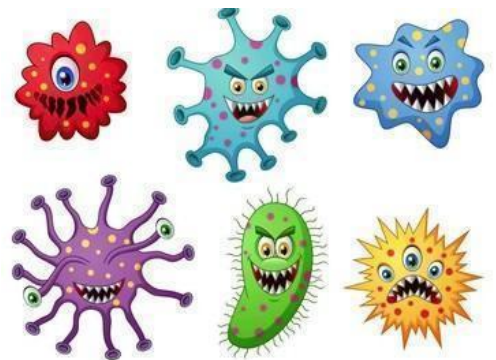
So far next term we have Octopus Energy for plumbing, electrician and other pathways, Karen Windsor from Sculpt and Change Therapies talking about Reflexology and self care therapies, an Children's Ed Psych and a financial talk the date to be confirmed. Please use the google form to book on this [link](#).

If you would be willing to come in and speak to students and be part of our Find it out Thursday program please contact Helen Smith on hsmith@sackvilleschool.org.uk.

Medication, Illness and Vaccines

NHS Guidelines

Please find some useful information [here](#) from the NHS on when to keep your child off school.



Medication

To ensure that we continue to support students when they are unwell, we need to make sure our records are up-to-date. As a school we will continue to administer ad-hoc medication as per the consent slip you have

completed. If you wish for this to change, please contact the relevant year team. Should your child be diagnosed with any new medical condition please contact us.

In addition, should your child's medical condition change (i.e., they no longer need to use their inhaler) please contact their community team.

We will continue to provide the support and medical assistance you have already agreed to unless we hear from you.

Illness

In order to keep the more vulnerable members of our school community safe, a reminder to inform the school if your child contracts any of the following: Chickenpox, Shingles, Measles or Mumps. Please call the relevant community office, thank you in advance.

Lost Property

Please can we ask that you check the lost property list above for items missing and encourage students to look in lost property for their missing items. Can we remind parents to name everything for a much higher chance of relocating lost property to their rightful owner.

A list of the current lost property we have is [here](#).

External Clubs, Sports, Services and Events

Her Move - January 2026



Her Move FUN RUN

Kick-start your New Year with HerMove
Get Moving 2026!
Sunday 11th January 2026 at 10am
at East Grinstead Sports Club (EGSC)

Join us at East Grinstead Sports Club (EGSC) for a Fun Run!
A relaxed, social event encouraging mums, daughters, and women of all ages to move, have fun, and enjoy Time Together. This is a fun run, not a race, hosted by East Grinstead Runners, with the route fully marshalled so you can walk or jog at your own pace.

We're delighted Dame Kelly Holmes, will be joining us and will lead a gentle warm-up. Run Leaders from East Grinstead Runners will be on hand to support and cheer you on throughout. Drinks and food will also be available.

Supporting Women in Sport's Time Together campaign.
Kick-start the New Year with energy, positivity, and movement!

Please sign up online in advance to attend.
Visit www.hermove.uk or connect with us on Instagram

N SPORT **EAST GRINSTEAD SPORTS CLUB** **GRINSTEAD SPORTS CLUB**

*Under-16s must be accompanied by a responsible adult at all times.

Sunnyside Youth Club



Sunnyside Youth Club

Every Thursday
6:15pm-7:45pm
10-13 yr old's

Sunnyside Barn, Dunning's Road

For more information contact
youthclub@eastgrinstead.gov.uk

Free!

Basketball Club



EAST GRINSTEAD STORM BASKETBALL CLUB

BASKETBALL FOR BOYS AND GIRLS
SCHOOL YEARS 1-11
MONDAYS @ SACKVILLE SCHOOL
5 - 6PM - YR 1-3
6 - 7PM - YR 4-5
7 - 8PM - YR 6-7
TUESDAYS @ IMBERHORNE UPPER
5-6.15 - YR 8-11

FIND US AT
WWW.STORMBASKETBALLCLUB.COM
OR EMAIL: OFFICE@STORMBASKETBALLCLUB.COM

STORMBALLCLUB **STORMBASKETBALLCLUB** **STORMBALLCLUB**

Pre Loved Prom

PRE LOVED PROM

SNEEK PEEK AT SOME OF THE PROM OUTFITS ALREADY IN.




SCAN HERE

Sackville School
TOGETHER WE ACHIEVE

East Grinstead Foodbank
Together with Russell

PRE LOVED PROM

SUSTAINABLE & BUDGET-FRIENDLY SHOPPING!
BUY OR SELL PRE-LOVED PROM DRESSES & SUITS!

£5 seller fee donated to our local Food Bank the rest of the sale goes to you!

3:30PM - 5:30PM
30TH JANUARY 2026
SACKVILLE SCHOOL
EAST GRINSTEAD



SCAN HERE

Sackville School
TOGETHER WE ACHIEVE

East Grinstead Foodbank
Together with Russell

SENCo Timetable

January 2026 Timetable All sessions delivered live online via zoom. 50 minutes long £24 each or FREE with School Membership Book online at facefamilyadvice.co.uk Recordings available for 48 hours (excluding Free Talk)	
Autism - Improving Communication	5 Jan 10am
Improving Family Communication	5 Jan 7pm
Supporting A Child with ADHD	6 Jan 10am
Understanding Addictive Behaviour	6 Jan 7pm
Anxiety Based School Avoidance	12 Jan 10am
Understanding Anger	12 Jan 7pm
Supporting Healthy Screen Use	13 Jan 10am
Facing Defiance	13 Jan 7pm
Cannabis and Ketamine Awareness	19 Jan 10am
Anxiety Explained	19 Jan 7pm
Introduction to OCD	20 Jan 10am
What Is ACT	20 Jan 7pm
FREE Responding to Angry Behaviour	22 Jan 7-8pm
Raising Self-Esteem	26 Jan 10am
Decreasing Depression	26 Jan 7pm
Supporting Healthy Sleep	27 Jan 10am
Understanding the Teenage Brain	27 Jan 7pm

Girls Self Defence Camp

GIRL'S SELF DEFENCE

ActivelySafe

Forest Row

- Physical self defence
- Situational awareness
- Confidence strategies
- De-escalation techniques
- Survival mindset
- Use of force & the law

Ages 10-13: Fridays 3.45-4.45pm
Ages 14+: Wednesdays 6.15-7.15pm

For more information:
activelysafeuk@gmail.com






Adopt an animal

ADOPT AN ANIMAL AT ST PIERS FARM

St Piers School & College

£30 per year

WHAT'S INCLUDED:
Newsletter
Certificate
Photo updates

For more information please contact:
thefarm@stpiers.org.uk

Scan me!
stpiers.org.uk/stpiersfarm/adopt-animal

An ideal gift!




FR

Crochet Club

Crochet Club

B11

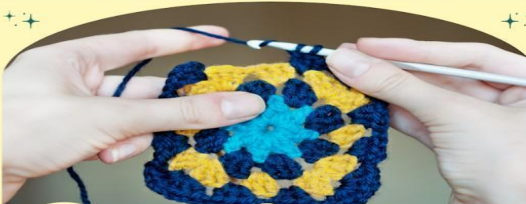
New Club!

It's time to pick up those crochet hooks and join us for crochet club - see Mrs Potts for any information.

EVERY TUESDAY
1:25 PM - 1:45 PM

BRING YOUR OWN WOOL IF YOU HAVE IT, DON'T WORRY IF NOT

EVERY TUESDAY LUNCHTIME IN B11




CD Phoenix Netball

COME AND JOIN PHOENIX NETBALL CLUB

U12s and U13s training
Thursdays
7:00 - 8:30 PM

Lingfield College (indoors)

County League matches in **Falmer or East Grinstead** most Saturday afternoons and occasional Sundays.

Come and give it a go!

To register interest and sign up for a taster session just drop an email to our recruitment team via secretary@cdphoenixsussex.co.uk

CD Phoenix NC has Gold CAPS accreditation




Parent Mental Health Support

West Sussex Mind

Parenting Peer Support Drop-ins Winter/Spring 2026 Timetable

New locations added

Come and join us in:

Worthing
The Gateway, 8-10 Durrington Lane,
BN13 2QG
13:00 - 14:00

- Tuesday 6th January
- Tuesday 10th February
- Tuesday 24th March

Chichester
Family Hub (The Green Room),
St James' Rd, Chichester PO19 7WX
(NB: For SatNav use PO19 7WY)
10:00-11:00

- Thursday 15th January
- Thursday 19th February
- Thursday 26th March

Haywards Heath
Mid Sussex Family Hub, 51 Penn Cres,
Haywards Heath, RH16 3HP
11:00-12:00

- Tuesday 20th January
- Tuesday 24th February

Online parenting support drop-ins:
10:00-11:00am

- Tuesday 13th January
- Tuesday 10th March
- Tuesday 7th April

Zoom Meeting ID: 859 2437 6726
Passcode: 131440

Please feel free to drop-in where we can chat and get you registered with the service.
Or to register yourself, please call our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652 or email helppoint@westsussexmind.org
Or for more information, please contact parentingsupport@westsussexmind.org

Please note, due to the sensitivity of our discussions, we ask that you attend without your child/young person.

West Sussex Mind

PARENTING MENTAL HEALTH SERVICE

OUR SERVICE IS OPEN TO ANY PARENT OR CARER WHO IS SUPPORTING A CHILD OR YOUNG PERSON BETWEEN THE AGES OF FIVE AND 18 LIVING IN WEST SUSSEX.

WE SUPPORT YOU TO HELP YOU SUPPORT YOUR CHILD OR YOUNG PERSON WITH THEIR MENTAL HEALTH.

WHAT WE OFFER:

- PEER SUPPORT GROUPS- BOTH DURING THE DAY (IN PERSON) AND IN THE EVENING (ON-LINE)
- MONTHLY 'EXPERT BY EXPERIENCE' GUEST SPEAKER ZOOM EVENING SESSIONS, COVERING TOPICS SUCH AS SELF-HARM, EBSA, AUTISM AND MENTAL HEALTH, MASKING AND MORE...
- 1:1 SESSIONS WITH A PEER SUPPORT WORKER
- CLOSED FACEBOOK GROUP; REGULAR NEWSLETTERS AND ACCESS TO TRAINING, E-LEARNING AND WEBINARS (ON THE WEST SUSSEX MIND WEBSITE).
- PARENTING MENTAL HEALTH COURSES ACROSS WEST SUSSEX

TO SIGN UP, CONTACT OUR HELP POINT

MONDAY TO FRIDAY, 10AM UNTIL 4PM ON 0300 303 5652
OR EMAIL helppoint@westsussexmind.org
OR USE THE FORM ON OUR WEBSITE - WWW.WESTSUSSEXMIND.ORG

West Sussex Mind

Parenting Mental Health Support Service Online Evening Groups

Expert by Experience presentations- 19:30-21:30
(Including time for Q & A)
Peer support groups - 19:30-21:00

Date	Group Topic
Weds 7 th Jan '26	Peer Support
Weds 21 st Jan '26	Supporting children/young people's self esteem
Weds 4 th Feb '26	Peer Support
Weds 18 th Feb '26	Supporting children/young people in a digital world
Weds 4 th March '26	Peer Support
Weds 18 th March '26	Supporting children/young people who self harm

To book onto any of our expert by experience presentations please visit our training page on: www.westsussexmind.org

(If you are already signed up to the Parenting Service, please use the Zoom link provided.)

To access the online peer support groups you need to have signed up to our service already. You can do this by calling our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652 or email: helppoint@westsussexmind.org

We are a friendly, supportive group and there is no pressure to share if you don't feel comfortable to do so.

Community initiative for teenage girls

THE GIRL EDIT X HJ SALON

A two hour session of styling, confidence and future visioning.

Feel inspired, creative and empowered for the year ahead

14th Jan @ 5.30pm
HJ Salon,
Forest Row
£15



Football Sessions

SCAN ME TO REGISTER

HALF TERM SESSIONS
MAIDENBOWER 3G, CRAWLEY

16TH - 19TH FEBRUARY

DEVELOPMENT | PERFORMANCE | ENJOYMENT

Ashurst Wood Junior Football Club



ASHURST WOOD JUNIOR FOOTBALL CLUB



U13s Players Needed

We are looking for more players for our U13s for current year 8s or year 7s happy to play up.

The team play matches on Saturday mornings in the Horsham League and training is Thursday evenings, coaches are fully qualified and DBS checked.

For more information and to arrange to attend trial sessions please contact Rachel 07794548186 rachel.dufeu@sky.com

www.awjfc.net Charity No 1136711